# **Leander Boat Club Buddy Rowing System 2022**

# In Order To Participate

Be a registered member of the Senior or Masters program.

Have prior approval from your program coach.

Assess if the activity is too difficult for you or not, and that your physical, mental, and technical abilities are appropriate to participate.

#### **Basic Rules**

Must use the sign in/out system.

Begins in June at the conclusion of cold water rules (water 15°C or combined air+water 32°C).

Must row between sunrise and 30 minutes before sunset.

Minimum two crews (ex. two singles, a single and pair, etc.) – solo rowing is not allowed.

Follow posted Leander traffic patterns - must stay on West Shore.

Club boats are permitted outside of designated practice times, however, not first tier racing shells unless granted permission.

Junior rowers (under the age of 18) are not permitted to buddy row.

### Equipment

Every row you must bring your own:

Bailer Navigation lights

Tow line 15m Personal flotation device (can borrow from LBC)

Light signaling device Sound signaling device

## **Weather Rules**

Weather checking from three different sources is required including: weather forecast, wind conditions and weather radar for the Hamilton area

No coachless rowing in fog

No coachless rowing in whitecaps

No coachless rowing under storm warning or storm watch

Leander recommended websites for weather checking:

Radar - Accuweather Radar

• https://www.accuweather.com/en/ca/hamilton/18p/weather-radar/55490

Weather and storms - Environment Canada Marine Forecast for Western Lake Ontario

• https://weather.gc.ca/marine/forecast\_e.html?mapID=11&siteID=08207

Wind – Windfinder

https://www.windfinder.com/weatherforecast/harbour-west-marina hamilton

#### Failure to Adhere to the Term Set Out in this Document

Any member who does not comply with any of the items listed above will have immediate suspension of buddy rowing privileges. Continued failure to comply may result in suspension of membership.