



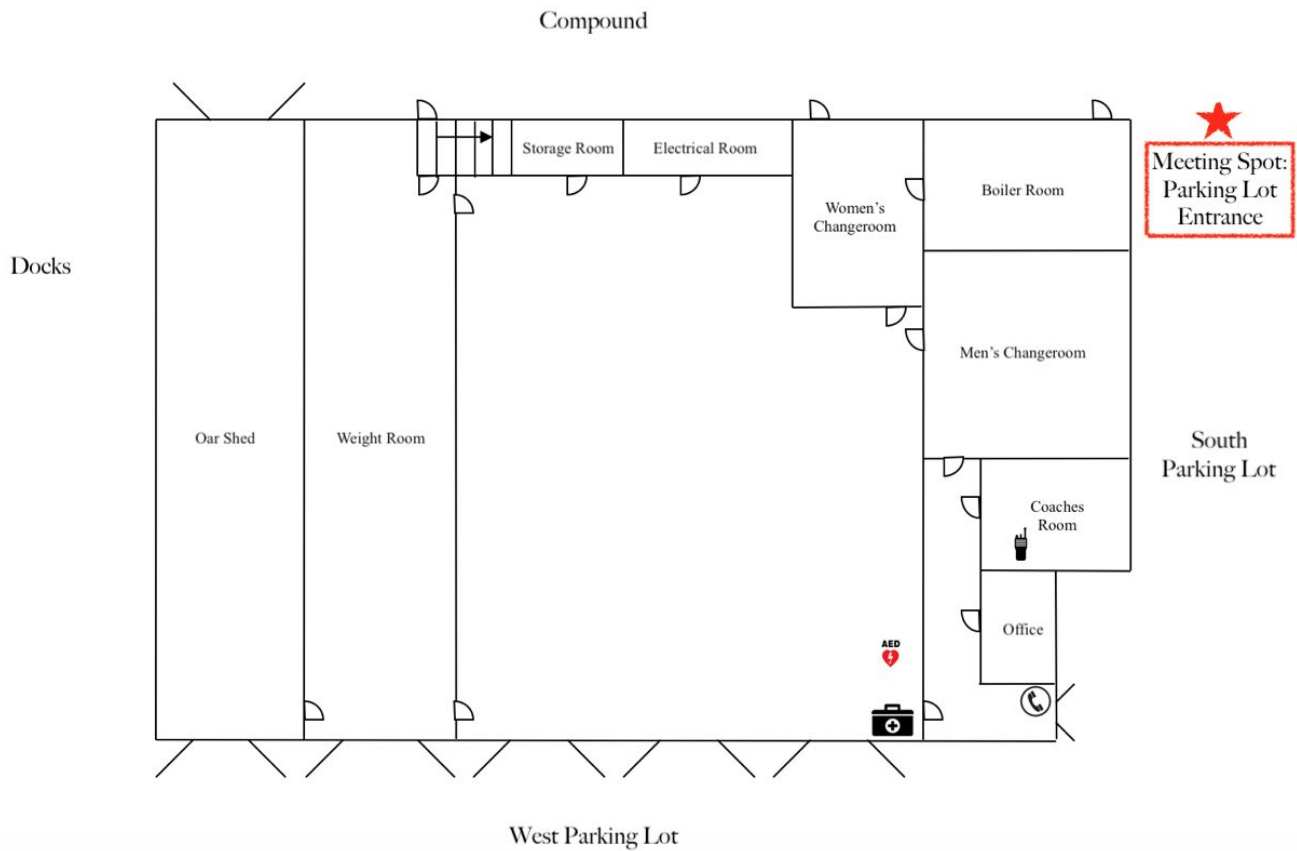
Emergency Action Plan  
Leander Boat Club of Hamilton  
Version 1  
Approved 3-Mar-2021

# EMERGENCY ACTION PLAN

In Case of Emergency Call 911

Leander Boat Club  
50 Leander Drive  
Hamilton, ON  
L8L 3R4

Charge Person: Meet responders at the entrance to the parking lot to direct them to where amongst the facility they are required.



Emergency Phone – Front foyer next to front doors  
AED – front of fours bay next to door to front foyer  
First Aid Kit – front of fours bay next to sign out computer  
Radios – Coaches Room inside center cabinet  
Meeting Spot – At the entrance to the East Parking Lot off of Leander Drive  
Blankets – Coaches Room

Club Emergency Procedures indicate that EMS should be contacted if any of the following situations occur:

- Victim is not breathing or was not breathing
- Victim is bleeding profusely
- Victim lost consciousness for any period of time
- Injuries occur to back, neck or head
- There is a major trauma to a limb
- Victim suffers cold water emergency
- Serious assault with or without a weapon
- Fire
- Any other situation at the discretion of the Charge Person on site at that time

## **ROLES IN AN EMERGENCY**

### **Charge Person**

- Lead Coach, staff or senior volunteer on site with First Aid training
- Monitors possible danger to themselves and others
- Responsible for first aid – including decision to contact EMS and victim care
- Direct others to complete assigned tasks (see below)
- Needs to know location of Emergency Information for all participants and be able to access
- Ensure Incident report is completed and appropriate follow up is completed including alerting *Club President/ Board Member/Safety Officer*

### **Call Person**

- As directed by charge person call EMS
- Have knowledge of situation to be able to communicate details to EMS
- Have knowledge of site to communicate directions to 911 Operator

### **Other Roles to be Assigned**

- Greet EMS at site entrance
- Runners to get First Aid Kit, AED, ice, blankets etc.
- Ensure everyone else gets off the water immediately and stays off the water
- Controls the crowd

## Non-Emergency Medical Care:

**Telehealth Ontario** is a Ministry of Health and Long-Term Care program that provides free access to a registered nurse, 24 hours a day, 7 days a week for general health questions.

Phone: 1-866-797-0000

### **Hamilton Health Sciences West End Urgent Care Centre**

690 Main Street West, Hamilton

905-521-2100 Ext. 72000

Open 9am-9pm, 7 days a week

## COVID-19 Non-Emergency Medical Care:

If a participant develops symptoms while at the club:

- Isolate from others. This may be in their car. If they don't have a car, isolate in an outdoor area until a ride arrives. If they are very unwell, isolate them in the Coaches Room behind the front entrance.
- The ill participant and everyone else should wear a mask.
- Monitor the ill participant for worsening symptoms.
- The ill participant should complete a self-assessment and follow the instructions. Currently the tool advises self-isolation and getting testing.
- Any other participants present at the same time as the ill participant should also complete a self-assessment and follow instructions.
- The ill participant should contact their family physician, and/or Hamilton Public Health as directed.
- Contact *Club President/ Board Member/Safety Officer*

### **Hamilton Public Health**

- [phscovid19@hamilton.ca](mailto:phscovid19@hamilton.ca) or
- phone the hotline 905.974.9848